

THE OFFICIAL BATAK E-BROCHURE

WWW.BATAK.COM

Tel: 01293 431065



The possibilities are endless!

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What BATAK Pro Routines are included?

- | | |
|--|---|
| 1 ACCUMULATOR - Senior | 17 ACCUMULATOR - Junior (60 Secs) |
| 2 BATAKATHON - Senior | 18 25 TARGET RACE - Junior |
| 3 50 TARGET RACE - Senior | 19 50 TARGET RACE - Junior |
| 4 4 CORNER STRETCH - 100 targets - Senior | 20 BATAKATHON - Junior |
| 5 EVASION - 1 second targets - Senior | 21 SPRINT MATS - Junior |
| 6 BATAK BLEEP TEST - Senior | 22 SPRINT MATS - Senior |
| 7 50 TIMED TARGETS - 1 second targets - Senior | 23 BATAK SIMPLE SIMON - Senior |
| 8 4 PLAYER RELAY - Senior (30 seconds each) | 24 BATAK MIRROR RACE - 50 Targets - Senior |
| 9 REACTION MATH ADDITION - Senior | 25 TARGET LOCKOUT |
| 10 COACHING PROGRAM - Senior / Junior | 26 ACCUMULATOR - Senior - (30 secs) |
| 11 SPEED MULTIPLICATION TABLES (2 - 9) | 27 ACCUMULATOR - Infant |
| 12 4 CORNER STRETCH - 25 targets - Senior | 28 FLASH PROGRAM |
| 13 4 CORNER STRETCH - 50 targets - Senior | 29 ANTI-FLASH PROGRAM |
| 14 25 TIMED TARGETS - 1 second targets - Junior | 30 SNAP REACTION - 10 FRAMES |
| 15 50 TIMED TARGETS - 1 second targets - Junior | 31 TOTAL RECALL - 10 FRAMES |
| 16 ACCUMULATOR - Junior (30 Secs) | |

What are the benefits of using BATAK Pro?

- **Enhances hand and eye co-ordination**
- **Boosts stamina and fitness levels**
- **Minimum space requirements for maximum exercise potential**
- **Single or multiple user participation**
- **Variable speed accommodates users of all ages and sexes**
- **Provides excellent facility for non-boring exercise as well as competitive sport**
- **Simple rules - easy to use**
- **Bright LCD Display showing Program Description, Time and Score**

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- **Can be wall mounted or free standing**
- **Easily transportable to any venue**

Previous BATAK clients...

Millennium Dome	Manchester United
Benetton	BBC Television
ITV (Carlton)	Bath University
Bisham Abbey National Sports Centre	Metropolitan Police Training College
Loughborough University	Science of Sport Exhibition in London
The Lawn Tennis Association (Wimbledon)	The Royal Navy
Mercedes Benz	Independent Television Carlton
British Association of Gymnastics	Reebok
Euro 96 Football Sponsors	Golden Wonder
Clarks Shoes	Ind Coope
...and many more!	

What do your clients think of BATAK?

"Two BATAK wall's form an integral part of the 'Sportsview' section of the Museum's new Science of Sport exhibition. The walls form part of an exhibit that demonstrates the importance of reaction speed and hand-eye co-ordination. Since opening in March 1997 the Science of Sport has proved extremely popular with Museum visitors and our two BATAK walls have proved to be valuable educational tools."

**Dan Wolfe, Marketing Manager Science of Sport Exhibition
Science Museum**